



SEALL PROJECT

CONCEPT NOTE

2020

We believe that social and emotional intelligence is as important as numeracy and literacy and a combination of these provide for great leadership ability as leadership is a function of making good decisions.



KONSTANCE
Foundation

HISTORY AND BACKGROUND

The increased focus on math, science, technology and its reliance on standardized tests as a driver of performance has created a generation with amazing cognitive ability that is; the ability to read, learn, remember, process information thus delivering life changing inventions and breakthroughs but has also created a vacuum as we seem to have lost the human connection necessary to ensure that these brilliant breakthroughs reflect humanity and its growth.

We have devised more tools to communicate than ever was made but people are more alone than ever.

Our children are in school from an early age, into a race for understanding of THINGS and SYSTEMS, but often we find that they grow up into adults who understand how things work, but not how PEOPLE and RELATIONSHIPS work.

The case for Social emotional learning (SEL) is made not to take away from Science Technology, Engineering and Math (STEM) but to extend its boundaries by creating a connection between education and other factors that undermine or determine its success. Research has proven that children and adults who incorporate SEL into their learning journey not only perform better academically but have reduced negative behaviors and perform better in their careers.



Our belief at Konstance Foundation is that a great education by itself does not necessarily provide the tenets for great leadership. We believe that social and emotional intelligence is as important as numeracy and literacy and a combination of these provide for great leadership ability as leadership is a function of making good decisions.

ABOUT the SEALL Project

Social Emotional And Leadership Learning (SEALL) is the process through which children and adults acquire and effectively apply the knowledge, attitudes and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships and make responsible decisions.

Effective SEALL processes necessarily involve aligning relationships, instruction, structures and systems in ways that are culturally responsive, developmentally appropriate, coherent and beneficial for all. Effective SEALL unfolds through explicit learning and when woven throughout everyday practices, SEALL competences used by individuals, between individuals, and within and between groups are necessary for thriving, just and democratic societies.

SEL programs create curricula and promote interventions designed to assist the advancement of emotional literacy training, under the assertion that people learn most effectively when taught in a safe, kind and supportive environment.

SEALL is guided by the CASEL (2003) key competency standards for SEL:

- Self-awareness teaches how to identify emotions, recognize strength, build confidence, advocate for self and others.
- Social awareness teaches empathy and willingness to look at perspectives, cultures, backgrounds other than the child's own
- Responsible decision making emphasizes the process that leads to making good decisions. Situation analysis, problem solving and evaluation
- Self-management teaches the ability to regulate a person's emotions, thoughts and behaviour and includes stress management, impulse control as well as the ability to self-motivate and work towards your goals.
- Relationship skills teaches how to establish and maintain rewarding relationships with diverse groups of people and individuals stressing the importance of communication, cooperation, team work and conflict resolution.

These are the five major competencies that we teach, and which are helpful in improving self-esteem and self-confidence, empathy, resilience, emotional regulation, social awareness and stress management in young people.





OUR PROGRESS SO FAR

Using a template we developed, we ran a test phase of SEALL in several secondary schools in four cities; **Lagos, Owerri, Uyo, Makurdi and Abuja**, reaching over thousands of young people.



OUR ACTION PLAN

We are currently in discussions with the Governments of Lagos, Enugu and Oyo states in a bid to get the ministries of Education onside. Our goal is to ensure that there are no jurisdictional issues in the way of getting SEALL into all the schools in the country.

We are also in the process of developing a formal curriculum and teaching manual tailor-made for Nigerian schools, which will ensure the formalization and adoption of the SEL concept into mainstream education in the schools we successfully impact and the entire country as well.

Starting with Lagos, Enugu and Oyo states, we intend to roll out the next phase of SEALL nationwide in 2020 in partnership with stakeholders in the educational sector and your organization.



BENEFITS OF THE SEALL PROJECT

- The program would help to build character and value in Nigerian schools.
- The children in these schools are the next generation of adults that would integrate these values into society. The message of character and value is geared towards helping them stay in business.
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- The leadership persona of students is developed and spiced up by teaching them the place of integrity, empathy, accountability, emotional intelligence, etc.
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- Early recognition of admirable values that aid in the right investment of human capital. This is the new currency in the social space.
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- Since Covid-19 hit the world, the 'skill economy' has gradually become highly sought after. Students are better equipped to stand firmly financially in this economy. Such skills include photography, hair styling, storytelling, culinary skills, bead making, makeup, etc.
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- The project would work with undergraduates in select departments of tertiary institutions as volunteers. They get to practice firsthand what they are taught in the classroom.





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